

Jeffrey R. Glogowski, Ph.D.

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EDUCATION

- 2012 **Doctor of Philosophy in Education** - Walden University, Minneapolis, Minnesota
Dissertation: Vipassana Meditation and Teacher Decision-making.
<http://gradworks.umi.com/35/10/3510201.html> or <http://withinusall.com>
- 2007 **Masters of Arts in Educational Leadership** - Aurora University, Aurora, Illinois
Masters thesis: The Power of Intention and Education.
<https://files.secureserver.net/0fJG3BdFRLH1sf>
- 1997 **Bachelors of Music Education** - Illinois State University, Normal, Illinois

PROFESSIONAL PRESENTATIONS

- 02/2015 Co-presented a full-day workshop: "Using Mindfulness & Awareness to Build Intrinsic Motivation" - Kane County ROE PD Institute Day.
- 01/2014 Clinic and Presentation: "Noticing the Space Between the Notes While Moving to Life's Tempo" at the Illinois Music Education Association Conference.
- 06/2013 Research Presentation and Workshop: "Taking Pause in the Classroom" at the 2nd International Conference of Spirituality and Music Education - Spirituality, Music and Education in a Cultural Context, Vilnius, Lithuania.
- 09/2012 Presented Dissertation Research "Vipassana Meditation and Teacher Decision-making" at the Walden University Research Symposium.

AWARDS

- 2006 Received the "Golden Apple Award" for outstanding teaching in the West Aurora School District 129.
- 2004 Received the Dispatch/Rock Island Argues "Master Teacher Award."
- 2003 Received the WHBF Channel 4 News "Quad Cities Best Teacher Award."
- 2003 Received the "Tenacious Tiger Award" for outstanding service and dedication from the staff at Sherrard.
- 2002 Received the "Celebration of Excellence," award from the Superintendent of Sherrard Schools.

SIGNIFICANT COURSEWORK PAPERS

- 04/2010 Learning Institutions - Teacher Burnout and Meditation
<http://discoverthought.com/Burnout/Home.html>
- 01/2010 Systems Theory - Chaos Theory and Educational Leadership
<http://discoverthought.com/Leadership/Home.html>
- 08/2009 Social Change - Protestant and Buddhist Religions Affect on Social Change
<http://discoverthought.com/Religion/Home.html>
- 08/2008 Human Development - Yoga and Meditation/Mindfulness in Education
<http://discoverthought.com/Education/Home.html>

05/2007 Human Motivation - The Power of Intention and Education - Action Research
<https://files.secureserver.net/OfJG3BdFRLH1sf>

RESEARCH INTRESTS

All Research Methodology

Meditation, mindfulness, compassion, gratitude, teacher decision-making, stress, burnout, communication skills, leadership, self-efficiency, efficacy, and the connection to education, metaphysical, spiritual, Noetic science, and positive psychology.

LICENSES AND CERTIFICATIONS

Illinois Type 10: Choral - General – Vocal, Music K-12

Illinois Type 75: General Administrative, K-12

TEACHING EXPERIENCE

2005-

Music Teacher/Choral Director

Robert L. Herget Middle School, West Aurora School District #129, Aurora, Illinois
 Designed and implemented a 6th, 7th, and 8th grade music enrichment curriculum based on storytelling and communication, which uses music composition with Garageband and film skills with iMovie.

Piloted, produced, and managed the first middle school (BYOD) Bring Your Own Device to class process, allowing students to use a personal smart phone, iPad, iPod, or computer as an educational and supplemental tool.

Created, implemented, and researched student motivation and the power of intention, a supplemental procedure and process to help all students succeed and achieve.

Researched, developed, and applied, the PAUSE technique, a mindfulness process, which allows students to gain self-reliance, increase awareness, and encourage empathic engagement in the classroom.

Lead, organized, and supervised the Middle School Music Professional Learning Community process.

Built, initiated, managed, analyzed, and presented district music assessments and data.

Aligned and mapped middle school music curriculum.

Mentored, helped, and supported new and first year teachers.

Taught 6th, 7th, and 8th grade general music classes, including playing African drums, bells, xylophones, and singing.

Taught and directed 8th grade choir ensembles that perform a wide range of music styles and difficulty including a-cappella arrangements.

Directed extra-curricular choirs and advanced ensembles.

Composed, wrote, and arranged music for students to perform.

Produced and directed many concerts, musicals, and variety shows.

Organized and supervised numerous local and national choir tours and trips.

- 2007-15 **Exploratory Department Chair**
 Robert L. Herget Middle School, West Aurora School District #129, Aurora, Illinois
 School District #129 eliminated all department head jobs 01/2015.
 Served on the building leadership and professional development teams.
 Worked collaboratively with other departments and staff throughout the building.
 Lead monthly meetings about current concerns and issues.
 Presented data and progress to staff.
 Developed, created and organized “Exploratory Night,” an event that brought together all exploratory classes including music, choir, band, art, life skills, and the technology center to display and present student work to the community and was a large fundraiser for the entire school.
- 1998-2005 **7th – 12th Grade Music Teacher /Choral Director**
 Sherrard Jr./Sr. High School, Sherrard, Illinois
 Mentored new and first year student teachers.
 Taught high school students how to teach, prepare, rehearse, and conduct a song to be performed at a concert.
 Created and established a Jr. High/High School music theory curriculum that was incorporated into the vocal music program.
 Taught 7-12 grade choir ensembles covering various music genres and styles.
 Composed, wrote, and arranged choral music for students to perform at various concerts and ceremonies.
 Coordinated, participated in, and hosted state and conference music festivals and contests.
 Served on the school improvement committee.
 Directed musicals and variety shows.
 Organized, structured, and supervised choir trips to various cities.
- 1998-2003 **5th & 6th Grade General Music Teacher**
 Matherville Elementary School, Matherville, Illinois
 Taught 5th and 6th grade general music.
 Directed and managed many all-school (200+ students) musical performances.
 Created a music program at the 5th and 6th grade level that was large and strong enough to need another person to take over the responsibilities and teach band at this building.

PROFESSIONAL ORGANIZATIONAL MEMBERSHIP

IMEA (Illinois Music Educators Association) member
 MENC (Music Educators National Convention) member
 ACDA (American Choral Directors Association) member
 IGSM (Illinois Grade School Music Association) member
 IEA/NEA (Illinois Educators Association / National Education Association)
 SAME (Spirituality and Music Education)

OTHER SKILLS AND EXPERIENCE

- 2013- Mindfulness and Education blog <http://discoverthought.wordpress.com>.
- 2012- Webpage designer and administrator for the (SAME) organization
<http://spirituality4mused.org>.
- 2005- Established and maintained the Herget M.S. Music and Choir website:
<http://herget.discoverthought.com>.
Personal website: <http://jeffreyglogowski.discoverthought.com>.
- 2005- Created help and performance tracks using Garageband.
- 1998-2005 Directed, conducted, and wrote the Junior/Senior High School Madrigal Dinners.
- 1997-2005 Taught private voice, piano, music theory, and conducting.
- 11/2002 Directed the Olympic Conference High School Choral Festival Choir.
- 07/1999 Employed as the Music Director for the Quad Cities Music Guild Theatre production of "Big River."
- 1998- Recorded and produced music CD's of concerts and shows.

REFERENCES

Mr. Jonathan McLearn - Fine Arts Curriculum Coordinator, SD129 K-12 (2015-)
(630) 292-2787
jmclear@sd129.org

Ms. Cindy Larry - Principal at Herget Middle School SD129 (2014-)
1550 Deerpath Rd. Aurora, IL. 60506
(630) 301-5225
CLarry@sd129.org

Mrs. Rachel Naleway - SD129 Director of Middle School Special Education
Was Principal at Herget Middle School SD129 (2010- 6/2014)
80 S. River St. Aurora, IL 60506
(630) 301-5000
Rnaleway@sd129.org

Mrs. Heather Lambert - Learning Consultant at COREChild
Reading Specialist at Herget Middle School (2010-2015)
(630) 747-7191
heather@corechild.com
Website: <http://www.corechild.com>

Dr. Iris M. Yob - Walden University Mentor and Dissertation Chair
Director of Special Projects - Center for Faculty Excellence, Walden University
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